

October 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <i>Swim Meeting</i> <i>2:30pm</i> <i>Room 136</i>	3 <i>Open Weights</i> <i>4:30-5pm</i> <i>@ LHS Weight Room</i>	4 <i>Open Weights</i> <i>5:15-6pm</i> <i>@ LHS Weight Room</i>	5 <i>Open Weights</i> <i>4:30-5pm</i> <i>@ LHS Weight Room</i>	6
7	8 <i>No School!</i> <i>Teacher Inservice</i>	9 <i>Open Weights</i> <i>5:15-6pm</i> <i>@ LHS Weight Room</i>	10 <i>Open Weights</i> <i>4:30-5pm</i> <i>@ LHS Weight Room</i>	11 <i>Open Weights</i> <i>5:15-6pm</i> <i>@ LHS Weight Room</i>	12 <i>Open Weights</i> <i>4:30-5pm</i> <i>@ LHS Weight Room</i>	13
14	15 <i>Open Weights</i> <i>4:30-5pm</i> <i>@ LHS Weight Room</i>	16 <i>Open Weights</i> <i>5:15-6pm</i> <i>@ LHS Weight Room</i>	17 <i>Open Weights</i> <i>4:30-5pm</i> <i>@ LHS Weight Room</i>	18 <i>Open Weights</i> <i>5:15-6pm</i> <i>@ LHS Weight Room</i>	19 <i>Early Release Day</i>	20
21	22 **TURN IN ALL PAPER WORK BY TODAY**	23 <i>Open Weights</i> <i>5:15-6pm</i> <i>@ LHS Weight Room</i>	24 <i>Open Weights</i> <i>4:30-5pm</i> <i>@ LHS Weight Room</i>	25 <i>Open Weights</i> <i>5:15-6pm</i> <i>@ LHS Weight Room</i>	26 <i>Open Weights</i> <i>4:30-5pm</i> <i>@ LHS Weight Room</i>	27
28	29 <i>Open Weights</i> <i>4:30-5pm</i> <i>@ LHS Weight Room</i>	30 <i>Open Weights</i> <i>5:15-6pm</i> <i>@ LHS Weight Room</i>	31 <i>Club Swimmer Times</i> <i>due to Coach Jones</i>			

- Bus to BA YMCA leaves LHS at 4:30am.
- Bus to Sycamore HS leaves LHS at 4:45am.
- No bus during Thanksgiving Break, Saturday Practices or days we do NOT have school

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 TRY OUTS Swim @ BA YMCA 5-6:15am *club swimmers who turned in times do not need to go	2 TRY OUTS Swim @ Sycamore HS 5:15-6:30am *club swimmers who turned in times do not need to go	3 LAB Craft Fair *No Practice
4 OFF	5 OFF	6 Swim @ BA YMCA 5-6:15am Equipment Hand Out 2:30pm in Gym	7 OFF	8 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm	9 Swim @ Sycamore HS 5:15-6:30am	10 Swim @ Sycamore HS 6:30-8am
11 OFF	12 No School Veteran's Day OFF	13 Swim @ BA YMCA 5-6:15am Team Pictures 4:30pm Swim Parent Meeting @ 6pm- LHS Cafe Meet the Team Night @7pm- Main Gym	14 OFF	15 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm	16 Swim @ Sycamore HS 5:15-6:30am Early Release Day	17 Swim @ Sycamore HS 6:30-8am
18 OFF	19 OFF	20 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm	21 Thanksgiving Break Swim @ Sycamore HS 6-8am	22 Thanksgiving NO PRACTICE	23 Thanksgiving Break NO PRACTICE	24 Swim @ Sycamore HS 6:30-8am
25 OFF	26 OFF	27 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm	28 OFF	29 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm	30 Swim @ Sycamore HS 5:15-6:30am	

- Bus to BA YMCA leaves LHS at 4:30am.
- Bus to Sycamore HS leaves LHS at 4:45am.
- No bus during Winter Break or Saturday practices.

December 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 <i>Mason Invite. @ Mason HS Prelim-8:45am Finals-6pm</i>
2 <i>OFF</i>	3 <i>OFF</i>	4 <i>Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm</i>	5 <i>Early Release OFF</i>	6 <i>Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm</i>	7 <i>Swim @ Sycamore HS 5:15-6:30am</i>	8 <i>Quad Swim Meet at Mason HS VS. Mason, Princeton Lebanon, Loveland WU-Noon Meet-1pm</i>
9 <i>OFF</i>	10 <i>OFF</i>	11 <i>No Practice! Swim Meet vs. Walnut Hills @ Walnut Hills HS Meet at 5pm</i>	12 <i>OFF</i>	13 <i>Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm</i>	14 <i>Swim @ Sycamore HS 5:15-6:30am</i>	15 <i>Swim @ Sycamore HS 6:30-8am</i>
16 <i>OFF</i>	17 <i>OFF</i>	18 <i>Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm</i>	19 <i>OFF</i>	20 <i>Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm</i>	21 <i>Swim @ Sycamore HS 5:15-6:30am</i>	22 <i>Meet vs. Miamisburg @Wright State WU- 8:25-8:50am Meet- 9am</i>
23	24 <i>No School Winter Break NO PRACTICE</i>	25 <i>No School Winter Break NO PRACTICE</i>	26 <i>No School Winter Break NO PRACTICE</i>	27 <i>No School Winter Break Swim @ SYC HS 6:30-8am</i>	28 <i>No School Winter Break Swim @ SYC HS 6:30-8am</i>	29 <i>Swim @ Sycamore HS 6:30-8am</i>
30	31					

- Bus to BA YMCA leaves LHS at 4:30am.
- Bus to Sycamore HS leaves LHS at 4:45am.
- No bus during Winter Break or Saturday practices.

January 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Happy New Year! No School Winter Break NO PRACTICE	2 No School Winter Break Swim @ SYC HS 6:30-8am	3 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm	4 Swim @ Sycamore HS 5:15-6:30am	5 Swim @ Sycamore HS 6:30-8am
6 OFF	7 OFF	8 No Practice! Meet vs. West Clermont @West Clermont WU- 3:30pm Meet- 4pm	9 OFF *Exams	10 Swim @ BA YMCA 5-6:15am *Exams	11 Swim @ Sycamore HS 5:15-6:30am No School	12 Princeton Invitational @Princeton HS WU TBD Meet 11am
13 OFF	14 OFF	15 No Practice! Meet vs. Anderson @Anderson HS WU- 4pm Meet- 5pm	16 OFF	17 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm	18 Swim @ Sycamore HS 5:15-6:30am	19 SW Classic Prelims: Princeton HS- 8am Finals: St. X-6:30pm
20 SW Classic Prelims: Princeton HS- 8am Finals: St. X-6:30pm	21 No School MLK Day OFF	22 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm	23 Early Release OFF	24 No Practice Meet @ Princeton HS Vs. Princeton WU- 4:00pm Meet- 5pm	25 Swim @ Sycamore HS 5:15-6:30am	26 ECC Conference Meet @ Milford HS 6pm
27 OFF	28 OFF	29 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm	30 OFF	31 Swim @ BA YMCA 5-6:15am Weights 2:45-3:45pm		

- Bus to BA YMCA leaves LHS at 4:30am.
- Bus to Sycamore HS leaves LHS at 4:45am.

February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>Swim @ Sycamore HS 5:15-6:30am</i>	2 <i>Senior Meet vs. Kings @ Countryside Y WU- 1pm Meet—2pm</i>
3 <i>OFF</i>	4 <i>OFF</i>	5 <i>Swim @ BA YMCA 5-6:15am No Weights</i>	6 <i>Early Release OFF</i>	7 <i>Swim @ BA YMCA 5-6:15am No Weights</i>	8 <i>Swim Practice Girls Only! @ Sycamore HS 5:15-6:30am Boys Sectionals @ Princeton HS</i>	9 <i>Girls Sectionals @ Princeton HS</i>
10 <i>OFF</i>	11 <i>OFF</i>	12 <i>Swim @ BA YMCA 5-6:15am *District Qualifiers Only! No Weights</i>	13 <i>OFF</i>	14 <i>Swim @ BA YMCA 5-6:15am *District Qualifiers Only! No Weights</i>	15 <i>Swim @ Sycamore HS 5:15-6:30am *District Qualifiers Only!</i>	16 <i>Districts Boys- AM Girls- PM @ Miami University</i>
17 <i>OFF</i>	18 <i>No School Presidents' Day</i>	19 <i>Swim @ BA YMCA 5-6:15am No Weights</i>	20 <i>State Swim Meet Canton, Ohio</i>	21 <i>State Swim Meet Canton, Ohio</i>	22 <i>State Swim Meet Canton, Ohio Prelims 9:30am</i>	23 <i>State Swim Meet Canton, Ohio Finals 4:30pm</i>
24	25	26	27 <i>Equipment Turn In 2:30pm</i>	28	***Sports Awards*** <i>Wednesday, 3/13 Swim Team- 5:30pm All Sports- 7pm</i>	